



# Welcome to the Dementia Hub!

We're a community of people determined to find the JOY that each day can bring, despite this difficult diagnosis. At the Dementia Hub, you'll find support for you and your family as you walk through the dementia journey - helping you discover knowledge, love, beauty, and laughter along the way.

## EVENT QUESTIONS?

Contact Terri:  
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## Memory Café

For people living with dementia and their care partner. Enjoy coffee and pastries, support groups, and dementia-friendly engagement classes.

## Dementia Experience

Briefly step into the shoes of a person living with dementia with this hands-on, experiential training. Please contact us to reserve a time.

## Dementia Basics Training

Join this global movement and transform how you think, act, and talk about memory loss. Gain a critical understanding of dementia, its common types, and how to turn that understanding into action. After the free 1-hour session, you'll become a Dementia Friend in your community!

## Monthly Mingle

## Welcome Sessions

There are several tools, resources, and support options available locally for families affected by dementia. Call to schedule a Welcome Session with a Hub Team Member at (480) 625-3867.

## This Month's Highlights

## COPE Corner